



## Beachlands School

*Everyday Learning & Growing Together - Me mātau Ra*

Week 3, Term 1 2022 - Monday 21 February 2022

### From our Principal - Mr Anthony Noble-Campbell

Kia ora koutou Beachlands School parents, caregivers, students and whānau,

This week we say goodbye to Mrs Lisa Banfield and Mrs Shanon Burns.

Mrs Lisa Banfield leaves us to manage her family's house build project. Mrs Banfield has made a huge contribution to Beachlands School in the time she has been with us and we wish her much success with her new home.

Mrs Shanon Burns is on maternity leave with her second child. We wish Shanon, Adam and Aubree all the very best for the new addition to the family and we look forward to seeing you back at school in 2023.

### Parent/Teacher Conferences

Many thanks to you all for finding the time to connect via Zoom with your children's teachers last week. This was a wonderful opportunity to share important information about your children's journey at school this year. Thank you also for filling out the parent voice questionnaire which helped shape your discussions with teachers.



Thank you to all teachers for the time you put into the preparation of your conference. As I said in my communication last week, our school motto '*Everyday Learning and Growing Together - Me mātau Ra*' is alive and well at Beachlands School.

### Self Regulation Approaches



At school we use several approaches to help children manage their emotions/frustrations. Like at home, when children can get frustrated, they can say and choose actions that are outside of our FERN values and schools expectations for behaviour.

All classrooms are leading mindful breathing each day. This is a great way to calm the body and reset. There are many mindful exercises located on the internet. Perhaps families could put aside one mindful breathing exercise together each day.

The following is a link for 3 Minutes Body Scan Meditation - Mindfulness For Kids And Adults: [https://www.youtube.com/watch?v=ihwcw\\_ofuME](https://www.youtube.com/watch?v=ihwcw_ofuME). We do these body scans at school.

## Choices - I Always Have a Choice

We are regularly reinforcing to all children that they have a choice when they get frustrated. When children feel frustrated, we refer to the four quadrants below.



1. Calm Breathing
2. Tell the person/people who are frustrating you to stop in a calm way
3. Walk away and find a teacher/staff member who will help figure out the frustrations and find a resolution
4. Go to a thinking, calm, safe place to allow your mind and body to settle

Parents, please talk with your children about using these strategies when they are feeling frustrated either at school or perhaps try them at home if appropriate.



## Welcome to our FERN-tastic school!

A very special FERN-tastic welcome to all our new families and children to our school, it is lovely to have you join our Beachlands School family/whanau.

**Lucy Richmond**



## COVID 19 - Red Traffic Light Setting Guidelines for Beachlands School

As we are now into week 3 of the term and your children have established some comfort and familiarity with the school setting, please encourage your child/children to walk to and from the school gates without you. There are always staff on hand at the gates to assist you with getting your child to class.

If you have to come in (this may have been an agreement with staff), anyone entering the school site must use the COVID Tracer app, keep distance from others, avoid socialising and leave our school straight away.

If you have a school office query, please phone or email the school office, rather than coming into the school office.

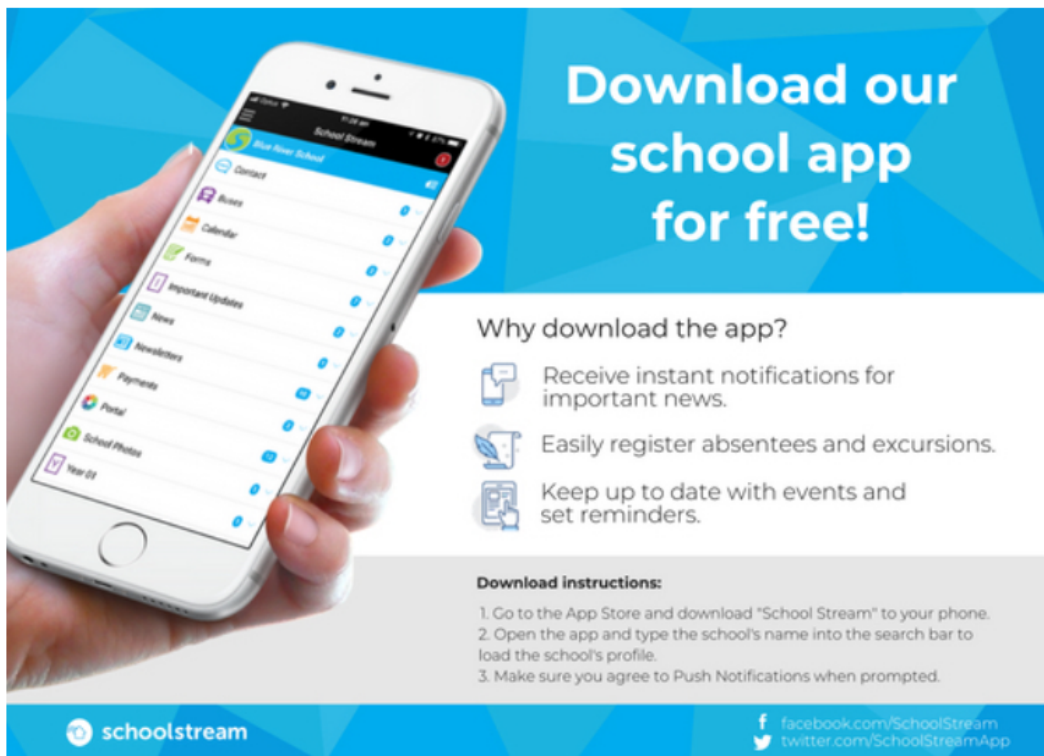
Please help us minimise the spread of COVID and keep all our students and staff safe. Thank you for your support with this.

## Important Dates for your Diary

- ★ Sushi - every Wednesday, orders close on Kindo each Tuesday at 8.30am
- ★ Rimu Team EOTC - Wednesday 9 March to Friday 11 March 2022

## School Stream - School App

Click on the School Stream image below for instructions on how to add School Stream to your phone.



**Download our school app for free!**

**Why download the app?**

- Receive instant notifications for important news.
- Easily register absentees and excursions.
- Keep up to date with events and set reminders.

**Download instructions:**

1. Go to the App Store and download "School Stream" to your phone.
2. Open the app and type the school's name into the search bar to load the school's profile.
3. Make sure you agree to Push Notifications when prompted.

**schoolstream**

facebook.com/SchoolStreamApp  
twitter.com/SchoolStreamApp

## Beachlands School Uniform Ordering

Embroidme East Tamaki are the providers of the Beachlands School uniform. Please find below the details for the Beachlands School online uniform portal.

**Online shop link** - [www.etonline.co.nz](http://www.etonline.co.nz), click Menu and then click Beachlands School.

Please ensure you include your **Child's Name** and **Class Number** in the box provided in the online form.

If you have any questions or problems relating to the online ordering system, please phone or email Embroidme on 09 265 0300 or [easttamaki@embroidme.co.nz](mailto:easttamaki@embroidme.co.nz)

**Sizing Information** - [Getting the Right Size - EmbroidMe East Tamaki www.etonline.co.nz](http://www.etonline.co.nz). If you require further information, please see the school office for sample sizes. Please note that due to Covid-19 supply chain issues, some items may be delayed.

**Free Delivery to Beachlands School** - a bulk delivery of orders will be delivered to the school office fortnightly. Items will go home in your child's bag. **Courier** - if you require your order a little more urgently, items can be couriered to individual home or work addresses in the Greater Auckland area for \$5.00.

## COMMUNITY NEWS



Pohutukawa Coast Netball Club are urgently seeking Year 5 players to join their amazing club!

If your daughter is interested in playing, please email Kim Beere, President of Pohutukawa Coast Netball Club at [kimbeere@forcelogistics.co.nz](mailto:kimbeere@forcelogistics.co.nz)